



Family Inter-Generation Link

ANNUAL REPORT 2011

2011 Review

In this year, Family Inter-Generation Link (FIG Link) registered as a not-for-profit organization, and started to our formal operation at St. Jamestown area and Flemingdon Park area.

We established two senior groups at above two regions, and a woman group and a child group at St. Jamestown area. Our services include fun learning language class, handcrafts, healthy eating and cooking workshops, painting class, dancing class, and culture exchange conversation circle.

FIG Link built partnership with Newcomer Women's Services Toronto, Sherbourne Health Centre, and Community Matters Toronto. Collaborating with the partners, we gained lots of experiences, shared resources and extended our capacity in working with diverse community members. Elder abuse prevention forum and Fun learning math club were successful examples that worked together with our partners.





Senior Program

Senior program includes Senior Outreach Program funded by WoodGreen Community Services. The program focuses on delivering health awareness and disease management knowledge and information to isolated and frail seniors. More than 50 seniors attended the program, and through workshops, home based support and referrals, we help our seniors to increase the access to health system, and decrease hospital visit.



Senior program also includes senior English class, Health eating workshops, painting class, and dance class collaborated with Newcomer Women's Services Toronto and Sherbourne Health Centre. The goal of senior program is to help seniors gain and maintain healthy living styles.

Women Program

Women programs are designed for newcomer women who would like to break social isolation, build their network and sharp life skills in the community. Dancing class and handcraft workshops are to provide social opportunity to women to reduce their life stress, and develop their life skills. This program served 18 women.

Through the programs, some participants became very active and started volunteer help others. They are not only learning skills, making friends to decrease social isolation, but also gained the confidence and self-esteem which are very critical in their family life in the new community.



Children Program

Children program focuses on tutoring math and language for children from grade 1 to grade 6 in order to help school-age children to fill up their learning gaps, especially for the children with language barrier. Interest teaching method helps children to learn knowledge in a fun way. Seven children were fully engaged in the learning process.

